

Don't let flu bug you.



PATIENT CONSENT FORM – INFLUENZA (FLU) VACCINE

The Flu

Influenza (flu) is a seasonal respiratory infection caused by viruses. When people get the flu, they may have fever, chills, headache, dry cough, or muscle aches. Illness may last from several days to more than a week, and complete recovery is usual. However, complications may lead to pneumonia or death in some people. It is not possible to estimate the risk of an individual getting the flu this year, but for the elderly and for people with diabetes or heart, lung, or kidney diseases, flu may be especially serious.

The Flu Shot

An injection of flu vaccine will not give you flu because the vaccine uses killed viruses. The Office of Biologics, Food and Drug Administration, and the Public Health Service select the viruses for the vaccine. An intranasal flu vaccine is available that may be an option for selected persons as an alternative to the flu shot (injection).

Risks and Possible Side Reactions

Side effects of the flu shot are generally mild and occur at low frequency. These reactions consist of tenderness at the injection site, fever, chills, headaches, or muscular aches. These symptoms last up to 48 hours. In the past, a small number of persons developed an illness called Guillain-Barre Syndrome (GBS) after receiving the 1976 swine flu vaccine. Typical characteristics of GBS are a paralysis that begins in the hands or feet and then moves up the arms or legs or both. GBS is usually self-limiting, and most persons with GBS recover without permanent weakness. In approximately 5% of GBS cases a permanent or even fatal form of paralysis may occur. For the ten weeks following vaccination, the risk of GBS was found to be approximately ten cases for every one million persons vaccinated. This represents a five-to-six times higher risk than in unvaccinated persons. Young persons (under 25 years of age) had a lower risk of developing GBS than older persons and if developing GBS had a lower risk of death. Some inactivated flu vaccine contains thimerosal, a form of mercury. Some contains only a trace. There is no scientific evidence that thimerosal in vaccines is harmful, and the known benefits of the vaccine outweigh any potential risk from thimerosal.

Special Precautions

Children under the age of three and pregnant women should consult with their personal physicians before receiving this vaccine. Persons who are allergic to eggs, chickens, chicken feathers, chicken dander, or thimerosal should not receive this vaccine until they have consulted with their physicians. Persons with fever should not receive this vaccine. Persons who have received another type of vaccine within the past 14 days should see their personal physicians before receiving this vaccine. If you have a reaction, see your personal physician immediately. If you have any questions, please ask.

Notice of Privacy Practices

Your name and signature below indicate that you have received a copy of Concentra's Notice of Privacy Practices on the date and time indicated. If you have any questions regarding the information in Concentra's Notice of Privacy Practices, you may contact K Royal, Privacy and Security Officer for Concentra, at 972-725-6676.

Completed by the Person to Receive the Vaccine

Name:	Date of Birth:	Age:
Address:	Home Phone:	
City	State:	Zip Code:
Company/Dept:	SSN/Emp ID:	
Signature	Date	
Witness	Date	

--OFFICIAL USE ONLY --

MFG: _____ LOT#: _____ Exp. Date: _____ Inj. Site: _____ VIS Given: _____ VIS Edition Date: _____
Given By: (Print) _____ Title: _____ Signature _____ Date: _____