



## **Academic Advisor's Recommendation for Optional Practical Training (OPT)**

This form provides the information required by United States Citizenship & Immigration Services (USCIS) necessary for granting employment authorization to students in lawful F-1 status.

### **WHAT IS OPTIONAL PRACTICAL TRAINING?**

**Optional Practical Training (OPT) is a type of temporary work authorization granted to eligible F-1 international students in order to gain practical experience in his/her field of study for up to 12 months post-completion of studies.**

The student's academic adviser must read, complete and sign this form in order for the Assistant Director, International Student Services to approve the student's Optional Practical Training (OPT) Application.

### **To be completed by the student:**

Student's Name: \_\_\_\_\_

Student's Major/Area of Study: \_\_\_\_\_

Please describe the type of employment sought and how it relates to your major:

\_\_\_\_\_  
\_\_\_\_\_

### **To be completed by the advisor:**

Advisor's Name: \_\_\_\_\_

Student's Expected Coursework Completion Date: \_\_\_\_\_  
*\*\*\*\*This is the date of the student's final exam or final class in his/her last required course -- not date of graduation.\*\*\*\**

This student above is expected to complete all degree requirements and s/he will be eligible to graduate after the end date indicated above.

To the best of your knowledge, is the type of employment (listed above) related to the student's field of study?

[ ] Yes [ ] No

\_\_\_\_\_  
Advisor's Name (Print)

\_\_\_\_\_  
Advisor's Signature

\_\_\_\_\_  
Date

### **Student should return the completed form to:**

Jessa Karki

Assistant Director, International Student Services/Designated School Official  
Champlain College

163 South Willard Street, P.O. Box 670, Burlington, VT 05402-0670

Phone: 1-802-865-6485; E-mail: [jkarki@champlain.edu](mailto:jkarki@champlain.edu)