

## Local Resources for Transgender Youth and their Families

### UVM Children's Hospital Youth Gender Service, Core Advisory Group

Martina Kacer, MD (Pediatric Endocrinology)	Emiry Potter, LCMHC, LADC, NCC (Mental Health)
Jamie Mehringer, MD (Pediatrics)	Marlene Maron, PhD (Psychology)
Erica Gibson, MD (Adolescent Medicine)	Jeremiah Dickerson, MD (Child Psychiatry)
Rachel Inker, MD (Family Medicine)	Joseph Hagan, MD (Pediatrics)
Evan Eyler, MD (Psychiatry & Family Medicine)	Gerald Mingin, MD (Pediatric Urology)
Christopher Janeway, MS, NCC (Mental Health)	Bryonne Johnson (UVM Medical Group)

There are many knowledgeable providers in our community. If you are looking for a place to start, please contact one of the providers on our core advisory group, listed with \*asterisks below, as they would be happy to provide recommendations of or referrals to other providers that may be an appropriate fit depending on each family's needs, insurance, and location. The providers below are not an exhaustive list. Please contact [jamie.mehringer@uvmhealth.org](mailto:jamie.mehringer@uvmhealth.org) if you have any additions for this list, would like to learn more about our work, or for any additional questions.

### Transition-Related Medical Care

**\*Martina Kacer, MD**

Pediatric Endocrinology  
 UVM Children's Hospital  
 111 Colchester Ave  
 Burlington, VT 05401  
 802-847-6200  
[martina.kacer@uvmhealth.org](mailto:martina.kacer@uvmhealth.org)  
 Ages: 0-18

**\*Rachel Inker, MD**

**Leo Kline, NP**  
 Community Health Ctr Burlington  
 617 Riverside Ave  
 Burlington, VT 05401  
 802-864-6309  
 Ages: 15+

**Kym Boyman, MD**

OB/GYN  
 Vermont Gynecology  
 1775 Williston Rd, Ste 110  
 S. Burlington, VT 05403  
 802-735-1252  
 Ages: post-pubertal

### General Mental Health

**\*Christopher Janeway, MS, NCC**

231 Maple St  
 Burlington, VT 05401  
 802-557-1061  
[Christopher@cjaneway.com](mailto:Christopher@cjaneway.com)  
 Ages: all  
 Insurance: BCBS, Medicaid, sliding scale

**\*Emiry Potter, MA, LCMHC, LADC, NCC**

2 Church Street, Suite 4A  
 Burlington, VT 05401  
 802-858-4998  
[emirypotter@yahoo.com](mailto:emirypotter@yahoo.com)  
 Ages: 13+  
 Insurance: Medicaid, BCBS, MVP, United, Optum, sliding scale

**Dan Duval, MA, LCMHC**

Otter Creek Associates  
 15 Pinecrest Drive  
 Essex Junction, VT  
 802-288-1087

**Michael Gilman, LICSW, ACSW**

Optima Vermont  
 2 Church Street, Suite 4G  
 Burlington, VT  
 802-658-4888  
[mlgvt@comcast.net](mailto:mlgvt@comcast.net)  
 Ages: 15+  
 Insurance: most, including Medicaid

**Brian Cina, LICSW**

200 Main Street  
 Burlington, VT 05401  
 802-233-9131

**PJ Desrochers, LMFT**

174 Elm St  
 Montpelier, VT 05602  
 802-851-5955

**Kara Deleonardis Kraus, LICSW**

1233 Shelburne Rd,  
Lakewood Commons  
East O'Lake Bldg, Ste 120  
S. Burlington, VT  
802-999-7042

[karadeleonardis@gmail.com](mailto:karadeleonardis@gmail.com)

Ages: all

Insurance: most, including Medicaid,  
and sliding scale

**Rebecca Sherlock, MSW, DCSW**

8 Whiteface Street  
S. Burlington, VT  
802-865-7878 & 229-2946

[rs@rebeccasherlock.com](mailto:rs@rebeccasherlock.com)

Ages: 14+

Insurance: most, including Medicaid

**Suzanne "Suzi" Tanner, LICSW, ASAC**

Community Health Ctr of Burlington  
Pearl Street Youth Center  
179 Pearl Street  
Burlington, VT 05401  
802-652-1080

[stanner@chcb.org](mailto:stanner@chcb.org)

Insurance: most, including Medicaid,  
sliding scale

Note: services only available to those  
who receive primary care at CHC

## Psychiatry Consultation

**\*Jeremiah Dickerson, MD**

Child and Family-Based Psychiatry  
UVM Medical Center  
Burlington, VT  
Phone: 802-847-4563

[jeremiah.dickerson@uvmhealth.org](mailto:jeremiah.dickerson@uvmhealth.org)

Ages: up to age 18

**\*Evan Eyler, MD**

Psychiatry  
UVM Medical Center  
Burlington, VT  
Phone: 802-847-4727

[evan.eyler@uvmhealth.org](mailto:evan.eyler@uvmhealth.org)

Ages: adolescents and adults

**Harris Strokoff, MD**

Psychiatry, Child Psychiatry  
Community Health Ctr Burlington  
617 Riverside Ave  
Burlington, VT 05401  
802-864-6309

Note: services only able to those who  
receive primary care at CHC

## Social Support

**Outright Vermont**

A Burlington-based organization founded in 1989 that provides programs, groups, and services for LGBTQ and transgender youth and their families. Some of their programs include: Gender Creative Kids (social group for gender-creative/gender-variant kids under 13 and their parents/caregivers), Support Group for Families of Trans Youth, Trans Youth Group, Friday Night Group (locations in Burlington and Brattleboro), and Camp Outright.

More information can be found at: **Website:** [outrightvt.org](http://outrightvt.org) **Email:** [erika@outrightvt.org](mailto:erika@outrightvt.org) **Phone:** (802) 865-9677

**Camp Aranu'tiq**

Aranu'tiq is a summer camp operating at two sites located in New Hampshire and Southern California offering summer camp for kids 8-16, as well as leadership programs for older teens and weekend family camps. The camp was created to be a safe and fun place for youth who feel like they might not fit in at other camps because of their gender and/or who want to be with other transgender and gender-variant youth. More information can be found at: [www.camparanutiq.org](http://www.camparanutiq.org)

## Online Resources

-Gender Spectrum [www.genderspectrum.org](http://www.genderspectrum.org)

-Trans Youth Family Allies [www.imatyfa.org](http://www.imatyfa.org)

-HealthyChildren.org (from AAP)

[www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Non-Conforming-Transgender-Children.aspx](http://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Non-Conforming-Transgender-Children.aspx)