Advice and Support at Your Fingertips.

Nurse advocates* are ready with answers on Cigna Healthcare's Health Information Line.



Unsure about a fever? Have questions about a medication? We're here to help.

Cigna Healthcare's no-cost Health Information Line puts you in touch with a personal nurse advocate* via chat or phone. They're here to answer your health questions and help you make the best choice for your needs.

Nurse advocates are available for questions like:

- I've had a fever for 2 days. Should I go to the emergency room?
- Is virtual care a good option for my needs?
- Is there a good orthopedic doctor in my area?
- I take a maintenance medication. How can I save on my prescription and get it delivered?

Cigna Healthcare's no-cost Health Information Line is always confidential.

- **Chat**
  Monday–Friday
  9:00 am–8:00 pm ET,
  excluding holidays via
  myCigna.com or the
  myCigna App.
- **Call**
  24/7/365.
  Just dial the number on the back of your Cigna Healthcare ID card.

cigna healthcare

Offered by: Cigna Health and Life Insurance Company, or their affiliates.

*Nurse advocates hold current nursing licensure in a minimum of one state, but are not practicing nursing or providing medical advice in any capacity as a health advocate.

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